

Nutrition information

Nutrition information per 100g including:

Calories (kcal)	882
Calories from Fat (kcal)	880
Fat (g)	96.3
Saturated Fat (g)	21.8
Mono-unsaturated fats (g)	23.81
Poly-unsaturated fats (g)	45.87
Trans Fat (g)	0.15
Cholesterol (mg)	5.3
Sodium (mg)	<0.01
Total Carbohydrate (g)	2.27
Dietary Fiber (g)	<0.5
Sugar (g) - (Both Total and Added)	None
Protein (g)	1.43
Vitamin A (IU)	none
Vitamin A (µg)	none
Vitamin C (mg)	none
Calcium (mg)	22
Iron (mg)	8.1
Water (g)	<0.1
Ash (g)	<0.1
Alcohol (g)	none
Potassium (mg)	<5
Vitamin D (µg)	none
Soluble fiber (g)	none
Insoluble fiber (g)	none

