

AJINOMOTO
Monosodium Glutamate (MSG)
Nutritional Information

Nutrients	Units/100g (As Purchased)
Calories (kcal)	282
Total Fat (g)	0
Saturated (g)	n.a.
Polyunsaturated (g)	n.a.
Monounsaturated (g)	n.a.
Cholesterol (mg)	0
Sodium (mg)	12300
Total Carbohydrates (g)	n.d.
Dietary Fiber (g)	-
Sugars (g)	-
Protein (g)	0.0
Calcium(mg)	21.2
Iron (mg)	0.4
Vitamin A (mcg, Retinol Equil.)	n.d.
Vitamin C (mg)	n.d.
Other Information	
Ash (%)	27.8
Moisture (%)	0.2
Copper (mg)	n.a.
Magnesium (mg)	n.a.
Phosphorus (mg)	1.3
Potassium (mg)	0.8
Zinc (mg)	n.a.

n.d. = not detected

n.a. = not analyzed

Trans Fatty Acid Content: With the promulgation of trans fatty acid labeling regulation in the United States, inquiries about the trans fat content of some of our products should be anticipated. The trans fatty acid content of our monosodium glutamate products can be best characterized as negligible. Its contribution to the total trans fatty acid content of any product in which it may be used will similarly be insignificant.

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